

Proposal by BBCI for - Seven days Personality Development Programme & Seven Days workshop on “Services Selection Board” Preparation to be Conducted during Adventure Camp by MCF Apr-May 2023

1. **Introduction.** The Course / Training will cover aspects of Personality Development and the Two -stage SSB selection process and expose the students to all the three different types of tests namely Psych tests, GTO Tasks and Interview Technique. Our effort will be to help Cadets in understanding own Personality & familiarize them with the entire process of SSB , explain Do’s and Don’t’s and ensure success at the SSB. This is expected to help Cadets immensely.

2. **Personality Development Programme :-** It is suggested to keep the Cadets available for seven days for the proposed schedule from 0930-1600h (including Lunch Break).

<u>Day</u>	<u>Time</u>	<u>Activity.</u>
<u>Day 1</u>	0930-1030h	Introduction of instructors, Cadets and agenda setting
	1030-1230h	Concept of personality and its Development.
	1400-1600h	Initial Self Assessment and test
Day 2	0930-1230h	Morals, Values & Ethics
	1400-1600h	Self-Awareness & Emotional Awareness.
Day 3	0930-1230h	Logic & Reasoning
	1400-1600h	Communication skills
<u>Day 4</u>	0930- 1230h	Leadership skills
	1400-1600h	Stamina & Endurance
Day 5	0930 1230h	Time Management

	1400-1600h	Planning and Organising Exercise
Day 6	0930-1230 h	Introspection , Tools of developing personality.
	1400-1600h	Adventure Activity and Personality Development
Day 7	0930-1230h	Self Evaluation Exercise, Individual Counselling.
	1400-1600h	Concluding session.

3. SSB Interviews Training Programme :- It is suggested to keep the Cadets available for the below proposed schedule from 0930-1600h (including Lunch Break) for seven days. Other adventure camp activities can continue in the morning and evening.

<u>Day</u>	<u>Time</u>	<u>Activity.</u>
<u>Day 1</u>	0930-1030h	Introduction of instructors and agenda setting
	1030-1230h	Concept of personality assessment, introduction to officer like qualities
	1400-1600h	Introduction to different types of tests conducted at SSB
Day 2	0930-1100h	Conduct of Stage one process
	1100-1230h	Conduct of Stage 1 - Group discussion
	1400-1600h	Sharing of individual feedback at end of stage one process ,Discuss some pictures analysis and story writing
Day 3	0930-1230h	Introduction & Conduct of Psychological tests ,Thematic Aperception Test (TAT), Word Association Test (WAT), Situation Reaction Test (SRTs) & Self Discription.

	1400-1600h	Conduct of Psychological tests (Continued) and discussion
<u>Day 4</u>	0930- 1230h	Introduction to GTO Tasks and Conduct of Tests
	1400-1600h	Conduct of GTO Tasks
Day 5	0930 1230h	GTO Tasks followed by Individual feedback.
	1400-1600h	Introduction to Interview technique.
Day 6	0930-1600 h	Conduct of Personal Interviews followed by Councelling
Day 7	0930-1230h	Conduct of Personal Interviews followed by Councelling.
	1400-1600h	Concluding session.

4. It is suggested that students undergoing SSB Guidance training programme should preferably undergo Personality Development programme prior to SSB Training programme.

5 . **Dates Schedule.**

Sr No	Personality Development Programme	SSB Interviews Training	Remarks
1	17-23 April	24-30 April	
2	01-07 May	08-14 May	
3	15-21 May	22-28 May	

6. Programme Fees. The charges for the 7 days training for Cadets of age group 14-17 & 18- 21 years (in case of more cadets they can be divided into different Groups) will be Rs 8000/- & Rs 10000/- respectively for Personality Development and Rs 12000/- for SSB Training programme subject to minimum batch of 10 Cadets each.

7. Administrative Requirements

- a. Classroom with seating arrangements for Cadets.
- b. Blackboard and Accessories.
- c. Overhead Projector.
- d. File with sufficient blank A4 sheets & writing material for each Cadet.
- e. Secretarial help regarding printing / Xeroxing of answer sheets/ some test materials

8. Local accommodation / Messing / Transportation:- It is requested that the same be arranged by the MCF Camp organisers for the duration of the stay of the Assessors / faculty at the camp for conduct of the training.. Travel to and fro from Pune , will be borne by BBCI .